



MyTime

MyTime is your time

MyTime is a local parent support group that runs **fortnightly** providing time for parents to reset, unwind, socialise and gain support while the children are supervised

Where: OSHC at Currajong State School via Tippet St, Currajong

When: Every second Thursday during the School term
9.30am - 11.30am

Term 1 Program

6th February | Coffee and Cake social morning

20th February | Guest Speaker **Natalie Arnel**, Psychologist and Play Therapist

5th March | Guest Speaker **Natalie Daly**, CYMHS

19th March | Guest Speaker to be announced

2nd April | End of term lunch



 mytime.net.au

Contact us today

 **1800 Cootharinga** (1800 266 842)

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 parentconnect@cootharinga.org.au

 [@parentconnectnq](https://www.facebook.com/parentconnectnq)

Vision:
"Building a better world
with people of all abilities!"